

Joan Miro, Le Carnaval d'Arlequin (The Harlequin's Carnival), 1924/25. (Public Domain)

# WAIT, DO I DO THAT?

RECOGNIZING AND ADDRESSING IMPLICIT BIAS IN THE LEGAL PROFESSION

Phyllis W. Cheng | H. Peter Smith ADR Services, Inc. | Webinar | January 11, 2023



# THE SPEAKERS



Phyllis W. Cheng



H. Peter Smith





### COURSE OBJECTIVES

- To recognize implicit bias in the legal profession and society by reason of, but not limited to: sex, color, race, religion, ancestry, national origin, physical disability, age, or sexual orientation.
- To focus on implicit bias and the promotion of biasreducing strategies to address how unintended biases can undermine confidence in the legal system.

State Bar Rule 2.72





### **OVERVIEW**

- 1. Introductory video: <u>Hidden Injustice: Bias on the Bench</u>, produced by the ABA Diversity and Inclusion 360 Commission
- 2. Recognizing implicit bias, including:
  - Implicit Association Test (IAT)
  - Significance for leaders of legal profession and system of justice
- 3. Debiasing in the legal profession, including:
  - Hiring practices
  - Being in court
  - Dealing with clients
  - How it comes into play during dispute resolution
- 4. Conclusions





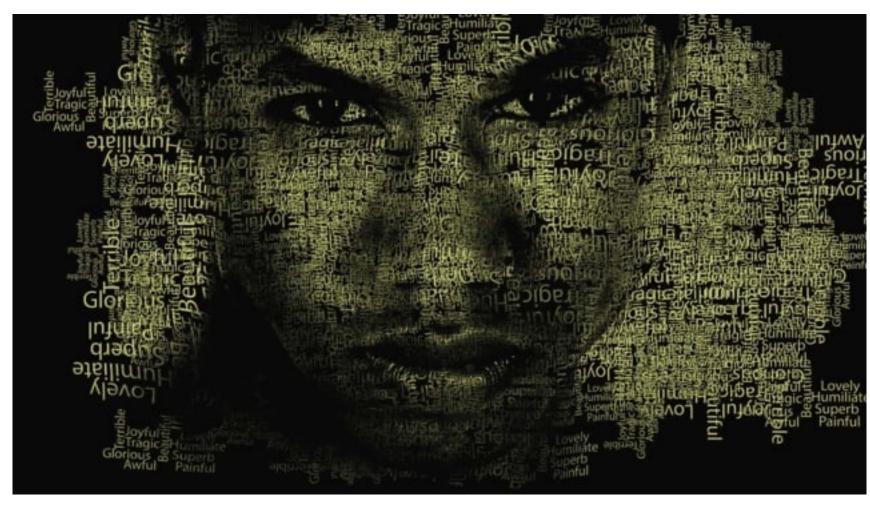


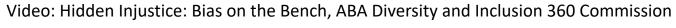
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# 1. Introductory Video



# INTRODUCTORY VIDEO











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# 2. RECOGNIZING IMPLICIT BIAS



# EXERCISE: CULTURAL GROUPS

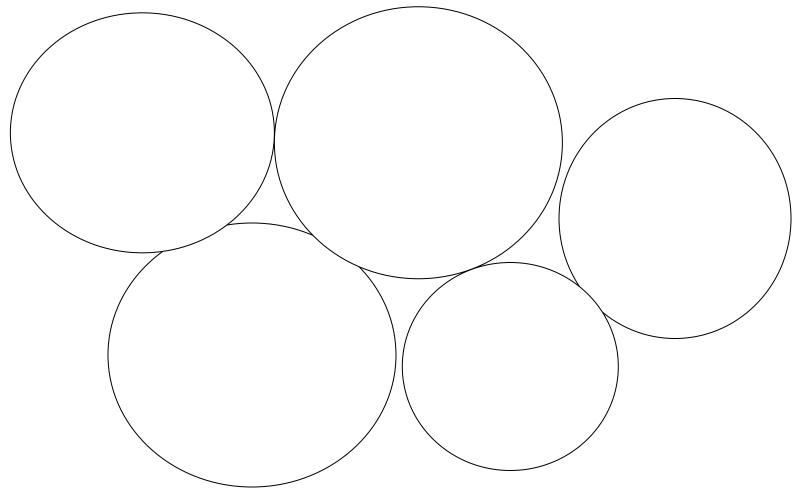
#### What are your cultural groups?

"... groups of people who consciously or unconsciously share identifiable values, norms, symbols, and some ways of living that are repeated and transmitted from one generation to another."





### FIVE CIRCLES EXERCISE: CULTURAL GROUPS







### IMPLICIT BIAS SCHEMAS

DEFINITION

EXAMPLE

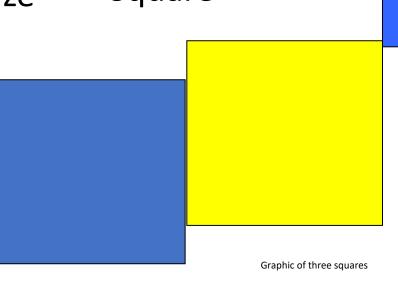
Mental shortcuts

• Four-equal sided figure

Organize & categorize information

Square

Automatic





### PROFESSOR SCHEMA

- Know their subjects
- Prepare for and attend class
- Have office hours
- Give and grade assignments and exams

- Rely on schema to
  - predict and explain professor's actions
  - fill in gaps if professor's actions are ambiguous
- But may eventually change based on individual performance





### SHORTHAND SCHEMAS



Photo of person tying shoe lace



Photo of African-American man

Helpful in some situations, but...

...can lead to discriminatory behaviors, inequity, and unfairness.





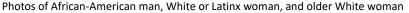
### IMPLICIT SOCIAL CATEGORIES | COGNITION

#### FROM:

- Parents/Families
- Friends/Peers
- School
- Media

- Direct or vicarious experiences
- Positive or negative associations







### IMPLICIT BIAS DEFINED

- EVERYONE HAS SCHEMA/IMPLICIT BIAS
  - a preference for a group (positive or negative)
  - often operating outside our awareness
  - based on stereotypes and attitudes we hold
  - that tend to develop early in life
  - and tend to strengthen over time

#### **Attitudes**

Evaluative feelings that are positive or negative

#### **Stereotypes**

Traits we associate with a category





### STROOP TEST

RED GREEN BLUE PINK WHITE ORANGE BLUE GREEN BLUE YELLOW ORANGE BLUE WHITE GREEN **BROWN** RED BLUE GREEN PINK YELLOW GREEN BLUE **RED** 

Box of words about color printed in the same colors





Box of words about color in different colors from what is described

15

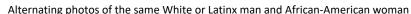
#### IMPLICIT ASSOCIATION TEST

#### Computerized test, 2 keys:

- Typically 2 social and 2 evaluative categories, e.g., White/Black and pleasant/unpleasant;
- Closely associated categories, easier & quicker to sort together...
- So faster reaction times show implicit connections.









#### IMPLICIT ASSOCIATION TEST

#### TAKE THE TEST

- Project Implicit
- https://implicit.harvard.edu/implicit/
- ANSWER QUICKLY!

QWERTY letters printed on different color backgrounds







#### IMPLICIT BIAS

#### EXPLICIT BIAS



Implicit biases sometimes differ substantially from stereotypes and attitudes we expressly self-report.

- Some research shows IAT is a better predictor of behavior than explicit self-reports
- BUT STILL DOESN'T
  NECESSARILY MEAN you act
  with your implicit biases





#### Systemic Concerns & Implications

The profession is 90%
 White

 Implicit bias can affect every decision point in a case

- Employment
- Litigators
- Prosecutorial discretion
- Juvenile justice
- Shooter bias
- Judge's opinions
- Sentencing
- Jury selection
- Evidence
- Mediators
- Arbitrators
- ADR processes







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# 3. Debiasing in the Legal Profession



# THE GOOD NEWS

Motivation to be fair makes a difference





# DEBIASING

**EDUCATION** 

- Awareness
- Mindfulness

**EXPOSURE** 

- Contact
- Positive exemplars
- Environment

**APPROACH** 

- Higher level processing, e.g., writing
- Reduced cognitive load
- Checklists
- Procedural / organizational changes





# **EDUCATION**

- Awareness
- Mindfulness

For example, take and consider IAT results.

Be aware and remain mindful; intuition and implicit responses are valuable, but some decisions require a more explicit kind of thinking, a stare not a blink.





# EXPOSURE

- Contact
- Positive exemplars
- Perspective taking

Make contact with positive, diverse colleagues and exemplars and practice taking the "other" perspective; all contribute to decreasing implicitly biased response.



Photo of army recruiter and potential recruits.





# **APPROACH**

- Higher level processing
- Reduced cognitive load, slower decisionmaking
- Checklists
- Procedural / organizational changes
- Micro-messaging





# APPROACH: STARE NOT BLINK

Use checklists

 Consider explicit pre-determined criteria

Write instead of discussing off-the-cuff





# APPROACH: CHANGE PROCESS

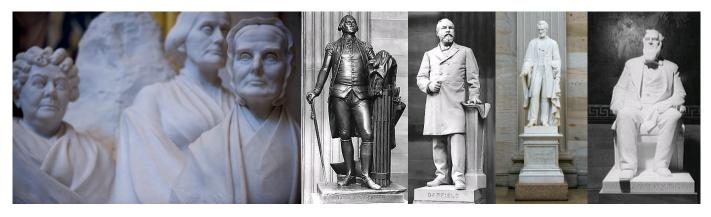
Consider procedural or organizational changes.

• Insist on appropriate accountability.

	2022	2023	
Recruit	<b>~</b>	~	
Retain	<b>~</b>	<b>~</b>	
Promote		<b>~</b>	
Messaging		<b>~</b>	
Environment		<b>~</b>	
Mentors Exemplars	<b>~</b>	V	
Etc.			



#### Notice Your Message & Environment



Photos of sculptures of Suffragettes Elizabeth Cady Stanton, Susan B. Anthony, and Lucretia Mott, President George Washington, President James Garfield. President Abraham Lincoln. and Sir William Young

# Small messages can be affirming or inequitable.





#### RESOURCES: IMPLICIT BIAS TRAINING

#### **Implicit Bias Training:**

- The American Bar Association's comprehensive implicit bias tool box includes a glossary of terms.
- The <u>Implicit Association Test</u>.
- The American Bar Association Section of Litigation's <u>Implicit Bias</u>
   <u>Initiative</u> offers materials for further reading and review.
- The <u>AALS Law Deans Antiracist Clearinghouse Project</u> offers a space for our collective voices as leaders of law schools to engage our institutions in the fight for justice and equality.





#### RESOURCES: ABA RECOMMENDED READING LIST

#### **ABA Recommended Reading List:**

- Jerry Kang, National Campaign to Ensure the Racial and Ethnic Fairness of America's State Courts, Implicit Bias A Primer for Courts (August 2009).
- Shawn Marsh, The Lens of Implicit Bias, Juvenile and Family Justice Today (Summer 2009).
- Chris Guthrie, Jeffrey J. Rachlinski, & Andrew J. Wistrich, <u>Blinking on the Bench: How Judges</u>
   <u>Decide Cases</u>, 93 Cornell L. Rev. 1 (2007).
- Shankar Vedantam, See No Bias, The Washington Post Magazine 12, January 23, 2005.

#### For two very readable popular press books, you may also want to read:

- Malcolm Gladwell, <u>Blink: The Power of Thinking Without Thinking</u> (2007).
- Shankar Vedantam, <u>The Hidden Brain</u> (2010).





#### RESOURCES: IMPLICIT BIAS SCHOLASTIC RESEARCH

#### **Implicit Bias Scholastic Research**:

- Chris Chambers Goodman & F. Jason Far-Hadian, <u>Promoting Inclusion and Diversity in the Intellectual</u> Property Bar and Beyond (MCLE Self Study Article), California Bar Journal (2020).
- Chris Chambers Goodman, AI/Esq.: <u>Impacts of Artificial Intelligence in Lawyer-Client Relations</u>hips, 72 OKLA. L. REV. 149 (2019) SSRNHeinOnline.
- Chris Chambers Goodman, <u>Identifying</u>, <u>Discussing</u>, and <u>Responding to Gender Bias in the Legal Profession</u>,
   37 (No. 1) CAL. REAL PROP. J. 28 (2019) SSRN.
- Chris Chambers Goodman, The Civil Rights Act, THE MARIN LAWYER, June 2019, at 19.
- Chris Chambers Goodman, <u>Class in the Classroom: Poverty, Policies, and Practices Impeding Education</u>, 27
   J. GENDER SOC. POL'Y & L. 95 (2019) SSRN HeinOnline.
- Chris Chambers Goodman, <u>Shadowing the Bar: Attorneys' Own Implicit Bias</u>, 28 LA RAZA L.J. 18 (2017)
   SSRN HeinOnline.
- Chris Chambers Goodman, <u>Nevertheless She Persisted: From Mrs. Bradwell to Annalise Keating, Gender Bias in the Courtroom</u>, 24 WM. & MARY J. WOMEN & L. 167 (2017) SSRN HeinOnline.







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### THANK YOU

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